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**INTRODUCTION**

The thirst for learning, upgrading technical skills and applying the concepts in real life environment at a fast pace is what the industry demands from IT professionals today. However busy work schedules, far-flung locations, unavailability of convenient time-slots pose as major barriers when it comes to applying the concepts into realism. And hence the need to look out for alternative means of implementation in the form of laddered approach.

The above truly pose as constraints especially for our students too! With their busy schedules, it is indeed difficult for our students to keep up with the genuine and constant need for integrated application which can be seen live especially so in the field of IT education where technology can change on the spur of a moment. Well, technology does come to our rescue at such times!!

Keeping the above in mind and in tune with our constant endeavour to use Technology in our training model, we at Aptech have thought of revolutionizing the way our students learn and implement the concepts using tools themselves by providing a live and synchronous eProject learning environment!

* 1. **Problem Statement**
  2. **REQUIRMENT**

1)The Home Page should be created with a suitable logo, the header section can

be added which will show various fitness images.

2) The site must contain the links to navigate through various fitness therapy.

3) Site should have different section for Men and Women and display fitness

programs accordingly.

4) Various exercises must be categorized like (Cardio, Muscle, ABS, Arms etc.)

5) Details and Guidelines should be provided for each type of workout/exercise.

6) Website should provide section for various Nutrition plans offered in the Gym.

7) Training Cost should be provided for various plans offered.

8) Website should provide list of all branches with proper address and location

map.

9) Gallery section should be added for viewing different images.

10) Feedback must be allowed to enter by the viewer

11) Site map, Gallery, about us, Queries link, Contact us link must be added.

12) The complete description must be allowed to get download as pdf or doc file.

13) The advertise section with various facilities provided should be mentioned.

**2. SPECIFIC REQUIREMENT**

**The specific requirements are…**

**2.2 Interfaces**

**The user interface for the software shall be compatible to any browser such as**

** Mozilla or Netscape Navigator**

** Google Chrome**

** Opera Mini**

** Safari**

***2.1.2 Hardware Interfaces***

* **A minimum computer system that will help you access all the tools in the courses is a Pentium 166 or better**
* **64 Megabytes of RAM or better**

**2.1.3 Software Interfaces**

* **Notepad/HTML editor**
* **Dreamweaver**
* **IE 5.0/ Netscape 6.0­­**

|  |  |  |  |
| --- | --- | --- | --- |
|  | TASKSHEET |  |  |
| **NO** | **TASK** | **Team Mate Name** | **Status** |
| 1 | Case Study | **MUHAMMAD MAARIG** | complete |
| 2 | Graphics Designing | **MUHAMMAD ZAIN**  **MUHAMMAD ANAS** | complete |
| 3 | Home Page | **MUHAMMAD ANAS**  **MUHAMMAD MAARIG** | complete |
| 4 | Material Searching | **MUHAMMAD ZAIN**  **MUHAMMAD ANAS**  **HAMMAD HUSSAIN** | complete |
| 5 | Logo Design | **MUHAMMAD ZAIN** | complete |
| 6 | Gallery | **MUHAMMAD ZAIN** | complete |
| 7 | Contact Us | **MUHAMMAD MAARIG** | complete |
| 8 | Documentation | **MUHAMMAD ZAIN**  **MUHAMMAD MAARIG** | complete |
| 9 | Footer | **MUHAMMAD ZAIN** | complete |

**SITE MAP**

**HOME**

**MAN**

**WOMAN**

**ARMS**

**CHEST**

**BACK WINGS**

**CARDIO**

**LEGS**

**CORE**

**ARMS**

**CHEST**

**BACK WINGS**

**CARDIO**

**LEGS**

**CORE**

**THERAPY**

**CONTACT US**

**FEEDBACK**

**CLINICAL NUTRITIONS**

**Weight MANAGEMENT**

**REHABS**

**MAP**

**TRIM-GYM**

**ABOUT**

**GALLERY**

**PILATES**

**3. LIST OF VALIDATION**

OPTION VALIDATION

|  |  |
| --- | --- |
| Field in form should not be null | Yes |
| Search page | Yes |
| Home has forward only link | Yes |
| All web pages have link back to homepage | Yes |
| Request quote form included | Yes |
| All functions are compatible with Firefox | Yes |
| All functions are complete compatible with IE | Yes |

**4. SUBMISSION CHECKLIST**

|  |  |  |
| --- | --- | --- |
| **S.NO** | **LIST OF ITEM** | **REMARK** |
| 1 | Do All Pages Linked Together | Yes |
| 2 | All Hyperlinks working | Yes |
| 3 | Page Colors As Per Common Guidelines | Yes |
| 4 | Site Browser Compatible | Yes |
| 5 | Image Slicing | yes |
| 6 | Feedback Form Included | yes |
| 7 | Project Zip File | yes |